

LIONVILLE COMMUNITY YMCA

Spring Schedule for 4/23-6/16

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday							
Side	A	B	A	B	A	B	A	B	A	B	A	B	A	B						
5:00am	Boot Camp 5:30- 6:30AM		Open Gym		Boot Camp 5:30- 6:30AM		Open Gym		Boot Camp 5:30- 6:30AM		Open Bball 18+ 7-9:00AM		*Open Gym							
6:00am					Open Gym				Open Gym						Open Gym					
7:00am	Open Gym				TRX/Basic Training 9:30-11:20				Sports Classes 10:15- 10:45am						Zumba 9-10:45AM		Sports Classes 9:30-1:00		TRX/ Basic Training 9:30-11:20	
8:00am			Kindergarten 11:15-12		Kindergarten 10:45-11:45		Open Gym		Kindergarten 11:20-12		Sports 10:00-10:30		Sports 10:45-11:30		Sports 12:15-1:00					
9:00am			Sports Classes 12:30-2:15		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
10:00am	Zumba 9-10:45AM																			
11:00am	Sports Class 10:15-10:45																			
12:00pm	Sports 11:15-11:45																			
1:00pm																				
2:00pm	Sports 1:30-2:15																			
3:00pm			Open Gym																	
4:00pm	Child Care 3:30-5:00		Child Care 3:30-5:00		Child Care 3:30-5:00		Child Care 3:30-5:00		Child Care 3:30-5:00		Child Care 3:30-5:00									
5:00pm																				
6:00pm	Sports Classes 5:00-7:45		Open Gym		Sports Classes 5:00PM- 6:45PM		Sports Classes 5:00-6:45		Open Gym		Sports Classes 5-6:45pm		Badminton 5:45-6:45							
7:00pm			Sports 7:45		Open Basketball 18+		Sports 6:45-7:45		Open Gym		Sports 6:45-7:45									
8:00pm																				
9:00pm																				
10:00pm																				

***Schedule is subject to change.

Check lionvilleyymca.org for the latest schedule.

*We are unable to lower the basketball nets when a gym attendant is not on duty!!!

*The gym will be closed from 7-9PM on 4/27,5/11, 5/18 for dances!

*Gym closed on 4/28 from 7-2pm for HEALTHY KIDS DAY!!!

*Gym closed on 6/1 from 5-9pm for Wizard Night

We build strong kids, strong families, strong communities.