

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 AM	Deep Water Exercise Cathy		Deep Water Exercise Jackie		Deep Water Exercise Jackie	
8:00 AM	Cardio Wet Style Cathy	Aquafit Jean	Cardio Wet Style Jackie	Aquafit Jackie	Cardio Wet Style Jackie	
9:00 AM	AquaFit Joan	Aquatic T'ai Chi Cathy	AquaFit Joan	Aquatic T'ai Chi Cathy	AquaFit Joan	Aquafit Sally
10:00 AM	Aqua Fit Plus Joan		Aqua Fit Plus Joan		Aqua Fit Plus Joan	
11:00 AM	Arthritis/ Healthy Back Jean/Debby		Arthritis Ease/ Healthy Back Bernie/Fran		Arthritis Ease/ Healthy Back Doris/Debby	
12:00 PM		WET Jane		WET Jane		
6:30 PM		Deep Water Howard		Deep Water Howard		
7:00 PM	WET Jane/Barbara	Aqua Fit Mary		Aqua Fit Cinda		